IN THE CLAIMS:

l	1.	(Currently Amended) An adjustable bed system comprising:
2		a bed-section-adapted to move a body of a person lying on the bed into a bent
3	position by el	evating the upper body and bending the knees;
1		a tilt unit operable to perform an operation of tilting adapted to tilt the bed-section
5	laterally while	e the bed is in a bent position;
6		a judgment unit operable adapted to judge which determine the sleep stage of a
7	person who is	lying on the bed-section is in; and
3		a control unit operable adapted to control the tilt unit based on a result of the in
)	response to a	sleep stage judgment made by the judgment unit.
l	2.	(Currently Amended) The adjustable bed of Claim 1,
2		wherein the judgment unit judges determines whether the person is in REM
3	sleep or not, a	nd
ļ		the control unit has causes the tilt unit perform the to tilt operation the bed, if the
5	judgment unit	judges determines that the person is in REM sleep.
	3.	(Currently Amended) The adjustable bed of Claim 1,
2		wherein the judgment unit judges determines a depth of sleep of the person, and
3		the control unit has causes the tilt unit perform the to tilt operation the bed, if the
ļ	judgment unit	judges determines that the depth of sleep is substantially great where the person is
5	in slow wave	sleep.

1	4.	(Currently Amended) The adjustable bed of Claim 2,
2		wherein the judgment unit judges determines a depth of sleep of the person, and
3		the control unit has causes the tilt unit perform the to tilt operation the bed, if the
4	judgment uni	t judges determines that the depth of sleep is substantially great where the person is
5	in slow wave	sleep.
1	5.	(Currently Amended) The adjustable bed of Claim 1,
2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt
3	operation within a predetermined time period from completion of an immediately a preceding tilt	
4	operation, irre	espective of which the depth of sleep stage of the person is in.
l	6.	The adjustable bed of Claim 2,
2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt
3	operation within a predetermined time period from completion of an immediately a preceding tilt	
1	operation, irre	espective of which the depth of sleep stage of the person is in.
l	7.	The adjustable bed of Claim 3,
2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt
3	operation with	hin a predetermined time period from completion of an immediately a preceding tilt
1	operation, irre	espective of which the depth of sleep stage of the person-is in.
1	8.	The adjustable bed of Claim 4,
	0.	
2		wherein the control unit prohibits the tilt unit from performing [[the]] tilt
3	operation within a predetermined time period from completion of an immediately a preceding tilt	
1	operation, irre	espective of which the depth of sleep stage of the person is in.